

Theresa Puskar

Actress/Interviewer, Voiceover, Audio Producer and Writer

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Website: www.TheresaPuskar.com

Hair: Brown

Eyes: Brown

Height: 5'5"

TELEVISION/INDUSTRIAL

THE AWAKENING WITH JOE VITALE	Infomercial Hostess	Austin, Texas	Dr. Joe Vitale
TRUTH VS. FALSEHOOD	Interviewer, Hostess	Nightingale-Conant, Chicago	Dr. David Hawkins
PRINCIPLES OF EVERYDAY GRACE	Interviewer, Hostess	Nightingale-Conant, Chicago	Marianne Williamson
WESTMONT PANCAKE BREAKFAST	Television Reporter	Westmont Cable Television	Larry MacIntyre
REAPER	Actress	VZS Productions, Vancouver	Rick Arredondo
THE NEW ADDAMS FAMILY	Actress	AFS Productions Inc.	Gary Harvey
THE X-FILES "ZERO-SUM"	Principal	Twentieth Century Fox	Kim Manners
WORKING	Principal	Misc Production Co.	CITY-TV
MANY VOICES "HAIR SCARE"	Principal	TV Ontario, Toronto	P. Ratnam
THE JUDGE "PROMISES, PROMISES"	Lead	Glen-Warren Productions	Warren Doaks

STAGE ACTING AND DIRECTING (Selected)

CAUSELESS JOY (Beauty Bollywood...)	14 Characters	US/Canada: LA, Calgary, Toronto	Heather Bodie
BEAUTY, BOLLYWOOD & BEYOND	14 Characters	Chicago Solo, United Solo NYC	Heather Bodie
THE WIZARD OF OZ	Director/Choreographer	Westmont High School, Chicago	2019 Musical
YOUR DADDY & ME	Mother - Solo One Act	Act Yourself, Stage 773 Chicago	Paul Meyers
BOOK OF DAYS	Ginger Reed	Theatre of Western Springs, Il.	Jack Calvert
CRIMES OF THE HEART	Meg	LOEB Theatre, W. Lafayette, IN	Jimmy Burton
ROCKING IN THE 50'S	Peachy Bird	Grant Park, Chicago IL	Italfest
NOT NOW, DARLING	Sue Lawson	Stage West Theatre, Toronto	Ron Ulrich
HOW TO SPEAK MALE	Lee	Solar Stage, Toronto	Steve Coopman
THE TRUTH IS...	Lead	VFS, Bryan Wert, Vancouver	Sandy Wilson
DR. SUN YAT-SEN GARDEN	Principal	CBC News, Vancouver	CBUT-TV
TALKING WITH	Director/Choreographer	Vancouver, B.C.	Dowt Production
THE FANTASTICKS	Director/Choreographer	Scarborough Players	Ontario, Canada
MOVE OVER, MRS. MARKHAM	Ms. Wilkinson	Gemini Dinner Theatre	Ontario, Canada
SINGING STONE/MAGIC MIRROR	Leilo, Sprat/Muffat	Carousel Players Touring Co.	Duncan McGregor
CALIFORNIA SUITE	Bunny/Gert	Four Seasons Resort – Gemini Tht	Joan Cammick

TRAINING (Selected)

Masterclasses: Vanessa Redgrave, Jonathan Miller, Jeremy Irons, Brian Cox, Adrian Noble, Janet Susman, Simon Callow
London Academy of Dramatic Arts (LAMDA) – Shakespearean Acting Intensive
Purdue University Grad School, MFA Directing Program, Queens University BFA Program
Yale Graduate Program/British Academy of Dramatic Arts

REVIEWS ON SOLO SHOW

★★★★ Alex Miller, New York critic (NY Times, All About Solo, Washington Post) *"The true beauty of this play is in Ms. Puskar's journey from her stressful but privileged world to a land of far greater problems...she has impressive acting skills & great respect for other cultures."*

★★★★★ Samantha Simmonds-Ronceros, LA Critic (NoHoArtsDistrict) *"Theresa Puskar's rather wonderful solo play, Causeless Joy actually turns out to be a perfect illustration of the term. Theresa's beautifully written and performed play is a journey of how she came to find her joy and is presented to us in pivotal moments from her life - all very specific and very funny, heartfelt and truthful. She shares herself and her life frankly and without fear, even tough times and bad decisions that all of us have experienced at one time or another and few of us are proud of...The result of all this candor is a wonderfully warm and inspiring tale of how one woman went from sad and lost to joyful and found. This is a lovely piece of writing, fluid and shining and utterly relatable. It's so wonderful hear from someone who understand that the world is vast and our souls are too, and sometimes we have to go far, far away to find our own fairytale ending."*

★★★★★ Kasia Szumal, Chicago (Conscious Community Magazine) *"From Revolution to Evolution! This is a funny, witty show that will touch not only your heart, but also your soul."*

Full resume and demo reel upon request